Hot Menu

- * Soyaki Shroomfoo (Tender tofu an mushrooms marinated in a sukiyaki inspired sauce. Pair it with and egg)
- * Bangkok Bomb (Vibvant and herby Thai green curry with hearty tofu. Pair it with an egg)
- * Harvest Lasagna (use spinach tofu ricotta, smoked veggies -Smoked egglant and zuchinni layered with the house tofu ricotta 'cheese'. Gluten Free
- * Cauliflower & Lentil Curry (Cauliflower and lentil in an Indian red masala sauce)

Salad & Wrap Menu

- * Falafel Salad & Wrap (Chickpea Falafels with Kale Tabbouli and Babaganoush dressing)
- * Kale Caesar Salad & Wrap (Green Salad of kale & romaine with vegan Caesar Dressing and tempeh croutons)
- * Temptation Salad & Wrap (Avocado cream and tenders green are paired with umami high protein tempeh for a fresh take on Mexican)

Snack Menu

Drinks Menu

- * Chocolate Brownie vegan, gluten free
- * Chocolate Chip Cookie vegan gluten free
- * Double Peppermint Cookie vegan gluten free
- * Banana Muffin vegan

- * Cold pressed Orange Juice
- * Cold pressed Apple Juice
- * Cold pressed Power Drink
- * Oolong Tea
- * Matcha Tea